



4-H YOUTH DEVELOPMENT PROGRAM



Sixty-two Herkimer County 4-H members from fourteen 4-H clubs attended the county wide 4-H Public Presentation Event held at Herkimer High School.

"Conflict Resolution" was the topic of the March *Connecting with Kids* workshop. Ninety-two area educators and agency professionals participated in the all-day event that was held at HCCC.

Ag Literacy week was celebrated the week of March 16. Every public elementary school in Herkimer County was read the book The Empire State Investigator. The book was then donated to the school library and apple seeds were given to the students to plant.



Over seventy-five youth and volunteers including several from Herkimer County participated in Regional Horse Bonanza held in Morrisville.

The North Central Dairy Bowl Contest took place at South Lewis High School in March. Twenty-five Herkimer County youth, adults and volunteers took part in the day.

AGRICULTURE PROGRAM



Fifty five people attended three workshops on "Raised Bed Gardening." Another is planned for Old Forge.

The CNY Dairy and Field Crops team sponsored the "2009 Corn Conference" and "2009 Dairy Day." Both were very well attended. The team also held workshops which included "Dairy Modernization," "Field Crop Pest Management," and "Implementing Precision Feed Management." Around 300 farmers attended these meetings, many from Herkimer County.



HUMAN ECOLOGY PROGRAM

Nutrition staff made 361 home visits to 101 families this quarter working with another 11 participants through group sessions at Upstate Cerebral Palsy and Nichol's House Addiction Recovery program. Staff made 58 recruitment visits at 9 food pantries reaching 734 families and 21 visits to 5 WIC clinics reaching 231 families. Other recruitment sites included Head Start, Preschools, Working Solutions, and Tax Outreach workshops.

In the words of one graduate, "I have learned to budget money for food each month. I also make a menu for each meals so I only buy what's on my list. I think that the program is great. I really did learn a lot."

"The Magic Formula to Conquer Childhood Obesity" was the theme of an exhibit from Herkimer County for the Eat Smart NY Annual Conference in Albany which attracted over 400 participants from across New York State.

