



## 4-H YOUTH DEVELOPMENT PROGRAM

Eighteen students from six Herkimer County school districts participated in the Fall session of the Government Intern Program.



CCE held the annual 4-H Member & Volunteer Recognition Event at Herkimer High School where over 150 members, parents and volunteers attended.

Over sixty Herkimer County 4-H members, officers, leaders and parents from ten 4-H clubs attended the



countywide 4-H Officer Training workshops. 4-H Club officers learned more about the duties and responsibilities of their offices.

## AGRICULTURE PROGRAM

Four new Herkimer County Master Gardener graduates will be helping with the homes and grounds answer line this coming season. They underwent an



intensive 10 week course to qualify as CCE Master Gardeners and will be volunteering their time to conduct soil tests and workshops in addition to manning the phones.



Staff conducted two Empower NY workshops where participants learned to save energy and money in their homes.

Seventy-seven farmers participated in meetings held by the CNY Dairy and Field Crops Team which included "Crop Insurance," "Corn Planter Clinic" and "Precision Feeding Follow-Up."



## HUMAN ECOLOGY PROGRAM

"Eat Well, Eat Local, and Eat Together" (nicknamed Eat 3 Campaign) concluded the end of October in six counties in upstate New York which included Herkimer County as part of the Healthy Start Partnership. The campaign aimed to help families choose, prepare and enjoy healthy meals together using locally-grown produce.



In Herkimer County, grocery stores that participated were Melrose Supermarket in Frankfort, Great American in West Winfield, Little Falls Big M, and Dolgeville Big M.

An Eat Well, Eat Local, Eat Together website ([www.eat3.org](http://www.eat3.org)) continues to provide recipes, cooking and shopping tips, and interactive games about eating together and locally.

Over 560 books were donated to the Holiday Book Tree benefiting the Even Start Family Literacy Program.

