



CCE hosted an Open House in July for Herkimer County Legislators.



### **AGRICULTURE PROGRAM**

Four Herkimer county farms are working with CCE to pilot two new nitrogen tests which will help corn growers determine how much nitrogen they need to grow corn. One test looks at the



nitrogen available in from the soil organic matter to determine if any nitrogen should be applied. The other looks at the nitrogen in the corn stalk at the end of the season to determine if too much or too little nitrogen was used.

Staff helped organize the 7th Annual Garlic and Herb Festival in Little Falls. Thirty-five vendors were on hand to accommodate the approximately 3,300 people who attended.

Over 5000 people attended the CNY Farm Progress Show in September. Many stopped at the CCE booth.



### **4-H YOUTH DEVELOPMENT PROGRAM**



Herkimer County 4-H'ers placed well at the Farmers' Museum Junior Livestock Show in Cooperstown. Altogether there were 250 4-H exhibitors, exhibiting 650+ animals from the nine-county region.

4-H ended the 2007-08 year with a total of 27 clubs, 259 members, and 68 volunteers.

109 Herkimer County 4-H'ers participated in the County Herkimer County Fair. Forty-three Herkimer County 4-H'ers sent entries on to the New York State Fair in Syracuse to be evaluated. One received a purple rosette for her photography submission, indicating the "best of the best" entry.



4-H'ers were seen all around the county at various functions including parades, Farmers' Museum Autumn Harvest Festival, 4-H camps, Career Explorations at Cornell University, horse shows, dairy judging, and many community service events.

### **HUMAN ECOLOGY PROGRAM**

Food Preservation 101" workshops were held in Salisbury Center and Herkimer where over 35 participants learned the basics of home canning and freezing.



"Reducing Cancer Risks" was the topic of the September Health and Nutrition Forum held in Herkimer and taught by Peter M. Cittadino, American Cancer Society and Karen Miller, RN OCN, Faxton St. Luke's Healthcare Regional Cancer Center.



Over 200 people attended the Family Fun Day in August at Myers Park in Herkimer. Meghan Murphy, summer nutrition assistant, made fruit smoothies as part of Eat Smart NY exhibit. During July and August, Meghan worked in

34 WIC clinics, reaching 383 WIC participants referring 90 families to CCE for follow-up.

Nutrition Program Educators reached 117 families with 396 home visits and thirty-seven participants through nineteen workshops.