



4-H YOUTH DEVELOPMENT PROGRAM

Herkimer County 4-H clubs participated in National 4-H Week. Some of the activities included a



cook-out at Aubuchon Hardware, making lunches for Habitat for Humanity workers, various displays around the county, handing out trophies for a car show at HCCC, and talking to Little Falls Middle School about 4-H.

Over forty Herkimer County 4-H members, officers, leaders and parents attended the county-wide 4-H Officer Training workshops. Volunteers and staff taught 4-H Club officers more about the duties and responsibilities of their office.

Over 150 4-H members, leaders, staff, and families attended the Annual 4-H Member Recognition and Volunteer Recognition Event at Herkimer High School. Eighty-six 4-H leaders were recognized for their many years of service, ranging from one to thirty years.



AGRICULTURE PROGRAM

CCE staff taught an energy seminar for the EmPower NY™ program at Trinity Lutheran Church. Eight attended.

The CNY Dairy and Field Crops team conducted the following meetings: "Managing for Success: Time

for Change!," "How to Make Money with Milk Quality...And Get ALL Those Quality Premiums," "2007 Income Tax Strategies for Agricultural Producers," "Mastitis Control Under Organic Rules," "Fall Tillage Day," and was involved with the workshop "Everything You Need to Know About the National Animal Identification System." Over 100 farmers participated in these workshops.

HUMAN ECOLOGY PROGRAM

"Making Sense of Sodium" was the topic of the October Health and Nutrition Forum held in Herkimer and taught by Mary Schumaci, registered dietitian from Faxton-St. Luke's Healthcare. Thirty-two professionals and interested consumers attended the program.



Nutrition staff made 320 home visits to 86 families; 72 recruitment visits to 7 food pantries (205 contacts); and 7 visits to 4 WIC clinic locations (97 contacts).



Sixteen adults and twenty-five children attended "Happy Holidays" Even Start Evening Center Program at BOCES. Families worked on homemade holiday decorations, "reindeer" food, heard a story teller, and sang songs.

Eighty-nine home visits were made to twelve Even Start families; and thirty-three Even Start center programs were presented to 151 families.

