



## 4-H YOUTH DEVELOPMENT PROGRAM



Ag Literacy week was celebrated the week of March 19. Every public elementary school in Herkimer County was read the book Lily's

Garden. The book was then donated to the school library and seeds & seed pods were handed out to each student. Pictured above is NYS Commissioner of Agriculture and Markets Pat Hooker reading to students in Mount Markham.

Seven counties came together to compete in the North Central District Dairy Bowl contest. The Regional Horse Bonanza which consists of Horse Bowl, Hippology and Communications was held. Two Herkimer County 4-H'ers were part of a team representing the North Central District at the New York State Horse Bowl Contest held at Cornell University where they placed first.

A Food & Nutrition / Sewing & Apparel workshop was held for 4-H'ers in February. Forty 4-H members and volunteers from nine 4-H clubs participated.



The 4-H Dairy Clinic was held in March. The twenty 4-H'ers that attended learned about showing dairy cows.



Two 4-H Public Presentation events were held. Fifty-three 4-H members attended the county wide event.

## AGRICULTURE PROGRAM

The ten-session series "Spanish Course Just for Dairy Farmers" completed in February with great success.

The CNY Dairy and Field Crops team sponsored the "2007 Corn Conference." It was attended by forty-five farmers, many of which were from Herkimer County.

The team also held workshops which included "Winter Dairy Management," "Dairy Day," "Field Crop Pest Management," and was asked to speak at various meetings for John Deere and Carovail.

## HUMAN ECOLOGY PROGRAM

The Herkimer County Healthy Start Partnership completed a breastfeeding intervention as part of the USDA



Research project through Cornell University that is addressing environmental interventions aimed at preventing excessive weight gain and obesity in childbearing women and their infants in the eight counties served by Bassett Healthcare. Research results showed that TV, radio, and billboards were effective ways to reach Herkimer County residents with 62% of those surveyed indicating they had seen at least one element of the campaign.

"Generation XL" was the topic of the March Nutrition Forum with Jean Wolcott, RD, CDN as featured speaker that attracted teachers, nurses, agency staff and consumers.

Nutrition staff made 359 home visits to 97 families and presented 21 group lessons to 20 participants in 3 groups.